



# **YMCA Northeast Leaders Club 2024 Winter Rally**

**February 2<sup>nd</sup>-4<sup>th</sup>**

YMCA at Watson Woods- Painted Post, NY

## **WINTER WONDER-LAND**



**Hosted by the Southington-Cheshire YMCA**

Operated by a group of YMCA Professional Staff & Volunteers



## ADVISOR INFORMATION

The management team of the Northeast Leaders Club Winter Rally is excited to present Winter Rally 2024 “**Winter Wonder-land**” We look forward to your club’s attendance. Please review this information to ensure your club’s registration can be completed.

### ***Printing Shortcuts***

Leaders Packet: pages 5 – 12

Club Roster: page 4

Advisor Packet: pages 13 – 15

Directions: page 16

Registration Guide: pages 2 – 3

Housing Information: page 6

### Registration Procedures

1. Leaders must have been active participants in their clubs for at least 3 months before attending.
2. Leaders must be 12 years old by February 1<sup>ST</sup> and in grades 7<sup>th</sup> – 12<sup>th</sup>. Leaders outside 12-18 years old and not currently in grades 7<sup>th</sup>-12<sup>th</sup> cannot be accepted. **Please contact the Rally Director to request an exception!**
3. Each club is required to send 1-2 club advisors. Advisors must be 21 years of age by February 1<sup>st</sup> and be a current employee or volunteer of the YMCA.
4. **Rally Fee is \$165.00** for both Leaders and advisors.
5. Required registration **materials must be fully completed.** They include...
  - a. Leader (participant) Application, Medication form and Code of Conduct for each leader.
  - b. Advisor Application and Staff Commitment for each Advisor.
  - c. Certificate of Insurance for your YMCA  
\*With Southington-Cheshire YMCA named as an Additional Insured for this event
  - d. A Club Roster form *and* payment check for each club.
6. Clubs are to send **one YMCA check** for their entire rally fee, made out to:  
**Southington-Cheshire YMCA**
7. **Email all registration materials to the Rally Registrars Kaelei Hooper & Zach Smith at:**  
**leaderswrally@gmail.com**  
**Attn: Registrar**  
**Re: Winter Rally Registration**
8. Pre-Registration is due on **January 8th**. Registration materials are due **ON OR BEFORE January 28**  
Confirmations will be sent to club advisors.
9. Plan to arrive to **Watson Woods** on Friday for **check-in between 7-9pm**. If you anticipate arriving later than 9pm please inform the Rally Director before Friday.

**REGISTRATION IS LIMITED TO 250 LEADERS ON A FIRST COME FIRST SERVE BASIS.  
REGISTRATION CAN BE REFUSED IF CAPACITY IS REACHED OR IF YOUR MATERIALS ARE  
**INCOMPLETE.** BE ACCURATE AND SEND EARLY!**



## CHECKLIST (complete *before* mailing your registration!)

### Each leader...

Will be 12-18 years of age and in grades 7<sup>th</sup>-12<sup>th</sup> before the event. Please reach out to the Rally Director if you require an exception

Rally Application – FULLY COMPLETED, signed by parent AND club advisor.

Code of Conduct & Medication Form – SIGNED by parent and leader.

### Each Advisor...

Will be 21 years of age before the event.

Has completed a background check and been approved by your YMCA to work with teens

Advisor Application – FULLY COMPLETED and signed by advisor.

Staff Commitment – SIGNED by advisor and their supervisor.

### Final Touches...

Pre-registration Roster to reserve your club's spot

Club Roster – FULLY COMPLETED and signed by your Branch Director/Exec

Certificate of Insurance for your YMCA association

One YMCA check for your club's entire fee, payable to the Southington-Cheshire YMCA

Make a copy of all your packets, rosters, etc. for yourself before sending!

Dance theme: **Winter Wonderland or the color white.**

Please email all scanned registration information to [LeadersWRally@gmail.com](mailto:LeadersWRally@gmail.com) and bring all completed packets in person to Watson Woods.

**Deadline for pre-registration is January 8th. Registration materials must be received on or before January 28<sup>th</sup>**

For general rally questions contact:

Chris Esposito

Attn: Rally Director

203.605.0023

[LeadersWRally@gmail.com](mailto:LeadersWRally@gmail.com)

For registration questions or concerns:

Kaelei Hooper

Attn: Assistant Director & Registrar

716.480.6335

[LeadersWRally@gmail.com](mailto:LeadersWRally@gmail.com)



### Teen Leaders Pre-Registration DUE on or before January 8th

We need this information as soon as possible to give to Watson woods to reserve out spot! If we do not get it by January 8th<sup>th</sup> that will cause confusion between us and Watson Woods. This should include any participant planning on attending rally.

Home Club Name:

Association:

Teen Name	Age	Gender Identity	Grade	Housing accommodation needed Y/N

Advisor Name	Age	Gender Identity	Housing accommodations needed Y/N	Open to being advisor in a gender neutral cabin

Please Email or scan this to us on or before January 8th! We CANNOT guarantee your clubs spot if we do not receive this! Thank you!

**Email all registration materials to the Rally Registrar Kaelei Hooper at:**

[leaderswally@gmail.com](mailto:leaderswally@gmail.com)

Attn: Registrar

Re: Winter Rally Pre-Registration



Winter Wonder-Land  
YMCA Northeast Region – 2024 Leaders Club Winter Rally

**CLUB INFORMATION**

YMCA Association		YMCA Branch	
YMCA Mailing Address			
Phone		Executive Director Name	
Primary Advisor		Primary Advisor Email & Phone Number	
Attending Advisor 1	Gender Identity	# of Years in Leaders	# of Rallies
Attending Advisor 2	Gender Identity	# of Years in Leaders	# of Rallies

**How to Define Leaders Years**

**1st year** = This is the only school year (2023-24) they've attended a rally  
**2nd year** = Attended at least one rally or NELS in a previous school year  
**VET** = Attended a rally or NELS in two separate and previous school years  
**GV** = VET status and they are graduating school this year

**CLUB ROSTER – PLEASE PRINT NEATLY!**

NAME PLEASE PRINT and Fill Completely	Gender Identity	Age 12-18	Date of Birth xx/xx/xx	School Grade 7th-12th	# of Rallies / Years in Club	Year: 1 <sup>st</sup> , 2 <sup>nd</sup> , Vet, GV
1.					/	
2.					/	
3.					/	
4.					/	
5.					/	
6.					/	
7.					/	
8.					/	
9.					/	
0.					/	

\$165.00 x	= \$	
# of Leaders	+	
\$165.00 x	= \$	
# of Advisors		
<b>TOTAL DUE</b>		= \$

**Registration Deadline: February 1st 2024**

*Due to high participation, it is best to send your registration in early, before the deadline. Registration is first come first serve and will close at 250 leaders.*

Please make check payable to: Southington-Cheshire YMCA, \*Please enter **WRally 2024** in the memo line\*

**Mail checks to:** Southington-Cheshire YMCA, 29 High Street, Southington, CT 06489 Attn: Tabitha Stein, Winter Rally Registration

Executive Director Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_



## **PARENT INFO – Keep this page for your reference!**

### What is the Rally?

The Leaders Club Rally is a regional leadership and character development program designed by YMCA professional staff. It is an opportunity for teens from different areas of the Northeast region to come together and explore their diversities and commonalities, participate in physical and intellectual activities, explore personal values and create memories they won't soon forget

### Where is the Rally?

The Rally is held at The YMCA at Watson Woods. The accommodation includes rooms and dorm style living, Please bring a pillow and blankets/ a sleeping bag. Please refer to the *What to bring* list to ensure your teen is prepared.

### **The Y at Watson Woods**

9620 Dry Run Rd, Painted Post, NY 14870

### How much does the Rally cost?

The Rally is \$165.00 per person. If there are members of your club that require financial assistance, please reach out to the Registrars to secure financial aid. We reserve funds for this purpose to ensure that the rally is accessible for all.

### Refund Policy

Many event expenses are paid for in advance to give your teen the best experience possible. As such event fees are non-refundable. Exceptions may be granted in cases of significant hardship.

### Who is in charge of the Rally and contact info?

Christopher Esposito, Rally Director

[LeadersWRally@gmail.com](mailto:LeadersWRally@gmail.com) | 203.605.0023- prior to the event

203.605.0023 – during the event, emergencies only please.

The YMCA at Watson Woods 607.962.0541- during the event, emergencies only please.

### Will my teen be able to call home?

Yes. A critical part of the Rally experience is for teens to fully engage in the environment and activities. Rest assured if any concerns, special circumstances or emergencies arise your teen will be allowed contact home.

### When will my teen get back?

The Rally will be dismissed at 12:00 PM on Sunday, February 4th. Please check with your teen's advisor for estimated time of return.

### Does my teen need money?

There are no expenses during the event however your teen may need money depending on their travel distance. Please check with your local advisor for these details.

### Are there items that should be left at home?

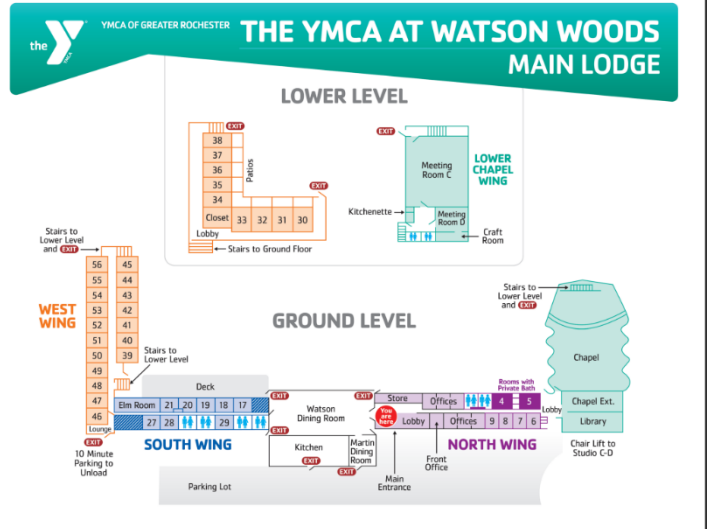
Please leave all valuables at home as the YMCA is not responsible for lost or stolen items. Electronics such as laptops, game consoles, etc. are also not permitted at the Rally.

**Please be sure to review the Rally Rules with your Teen!**



# HOUSING INFORMATION

## Housing Accommodations



Adult advisors are also housed in dorms or at the ends of each floor for supervision and emergencies.

## Housing Assignments

The YMCA and the Winter Rally program is an inclusive environment. Housing is assigned based on the gender identity indicated on a participant’s registration form. We also strive to group home clubs or YMCA Associations together when possible i.e. Teens who identify as female from the same club or YMCA Association are housed together. Accommodations often include multiple clubs and/or YMCA Associations. **Teens will be housed either three or more to a room or in single rooms.**

If at any point a teen is uncomfortable with their housing assignment we will work with them and if needed the staff and other teens in their shared space to address their concerns. If the issue cannot be addressed to the teen’s comfort and satisfaction they may be allowed to switch rooms as long as space is available.

## Private Housing

More private housing is available should your teen need it. The Inn does have limited more private accommodations. This accommodation is inclusive to all gender identities and is supervised by adult advisors.

If there is a preference for more private accommodations please check “Yes” to the private housing questions on the registration form. Private housing is limited, on first come first serve basis and is reserved for teens who would most benefit from it.

## Further Questions or Information

For more information or concerns regarding housing please contact:

Christopher Esposito, Rally Director

[LeadersWrally@gmail.com](mailto:LeadersWrally@gmail.com) | 203.605.0023



## TEEN APPLICATION

*Fill out completely, all information is required*

Full Name		Nickname for Bumper (Nametag)	
Gender Identity	Date of Birth	Age	Grade

Yes, I would like to request more private housing

Home Mailing Address		YMCA Branch	
Phone		Email	
Emergency Contact #1 Name		Emergency Contact #1 Phone	
Emergency Contact #2 Name		Emergency Contact #2 Phone	

**Advisor Recommendation:** I certify that this teen leader meets the requirements for participation and is prepared to fully engage in the 2024 Northeast Leaders Club Winter Rally.

\_\_\_\_\_

Advisor SignatureDate

### How to Define Leaders Years

**1st year** = This is the only school year (2023-2024) they've attended a rally  
**2nd year** = Attended at least one rally or NELS in a previous school year  
**VET** = Attended a rally or NELS in two separate and previous school years  
**GV** = VET status and they are graduating school this year

**Check One**       1st Year     2<sup>nd</sup> Year     Vet     Graduating Vet    \_ # of

Is there anything additional not listed above that we need to know about you to make this weekend the best weekend ever?

I give my child \_\_\_\_\_ permission to attend the 2024 Northeast Leaders Club Winter Rally from February 2<sup>th</sup>-4<sup>th</sup>, 2024. I also understand that if my child does not adhere to the rules and policies of the Rally he or she may be sent home early at my expense.





## MEDICAL INFORMATION

**IMPORTANT!!!** Please ensure that if your child requires medication, you complete the medication section within the application. This must include information for each medication including dose, time, and special considerations (e.g., must be taken with food). All medications must be in the original container. This includes both prescription and over the counter (OTC) medications. All medications will be collected and recorded at check-in to ensure that they are properly stored. YMCA staff will make medications available at the appropriate time(s) as indicated within the registration packet. All medications are self-administered by the teen. YMCA staff is not responsible for administering medications.

Insurance Carrier:	Policy Number:	
If needed child can take: (Please circle all that apply If none are circled we cannot administer)	Ice Pack Antihistamine (e.g., Benadryl) Acetaminophen    Ibuprofen	
Physical Restrictions / Allergies / Medical Conditions: (please provide additional relevant detail below)	Asthma____ Allergies____ Other____ (please provide additional relevant detail below)	

All medications, Prescriptions, and OTC meds must be given to rally staff directly in their original Rx or OTC container upon arrival to the Rally. Teens are *not* allowed to keep any medications on their persons aside from life saving medication/devices (Inhaler, EpiPen, etc).

In event of a medical emergency I give the YMCA staff permission to provide the necessary medical treatment and/or transport my child to the nearest hospital if deemed necessary. I certify that my child is in good health and able to participate.

Participant Name \_\_\_\_\_

Parent Name & Singnature \_\_\_\_\_ Date : \_\_\_\_\_



### MEDICATION CONSENT FORM

- This form may be used to meet the consent requirements for the distribution of the following: prescription medications, oral over-the-counter medications, medicated patches, and eye, ear, or nasal drops or sprays.
- Only those staff certified to distribute medications are permitted to do so.
- One form must be completed for each medication. Multiple medications cannot be listed on one form.

#### GUARDIANS MUST COMPLETE THIS FORM IN ORDER FOR MEDICATION TO BE MADE AVAILABLE

1. Child's First and Last Name:	2. Date of Birth: / /	3. Child's Known Allergies:
4. Name of Medication <i>(including strength)</i> :	5. Amount/Dosage to be Given:	6. Route of Administration:
7A. Frequency to be administered: _____		
<b>OR</b>		
7B. Identify the symptoms that will necessitate administration of medication: <i>(signs and symptoms must be observable and, when possible, measurable parameters)</i> :		
8A. Possible side effects: <input type="checkbox"/> See package insert for complete list of possible side effects <i>(parent must supply)</i>		
<b>AND/OR</b>		
8B. Additional side effects:		
9. What action should the child care provider take if side effects are noted: <input type="checkbox"/> Contact parent <input type="checkbox"/> Other <i>(describe)</i> :		
10A. Special instructions: <input type="checkbox"/> See package insert for complete list of special instructions <i>(parent must supply)</i>		
<b>AND/OR</b>		
10B. Additional special instructions: <i>(Include any concerns related to possible interactions with other medication the child is receiving or concerns regarding the use of the medication as it relates to the child's age, allergies or any pre-existing conditions. Also describe situation's when medication should not be distributed.)</i>		
14. Date Health Care Provider Authorized: / /		
21. Parent's Name <i>(please print)</i> :	22. Date Authorized: / /	
18. Guardian Signature: <b>X</b>		



## CODE OF CONDUCT

The following rules, expectations and policies have been adopted to promote a healthy, safe and fun environment for all Rally participants.

1. **Respect the rights and personal property** of others at all times.
2. There is **ZERO tolerance for any discriminatory behavior**. Violation will result in immediate dismissal from the Rally at the parent/guardian's expense.
3. **Use of appropriate language is expected at all times**. No hate speech or intolerance of any kind.
4. **No one is permitted to leave the Rally** at any time prior to dismissal unless it is cleared by the Rally Management team.
5. **No one is allowed to use motor vehicles**. Cars will be parked for the weekend. Teens are not allowed to drive themselves to or from the event.
6. **Anyone coming to the Rally with prescription or OTC medications must notify the Rally Management team upon registration**. Medications must be in their original prescription bottle or OTC package. YMCA staff will make medications available at the appropriate times as indicated by the Medication Consent Form.
7. **Absolutely no drugs, alcoholic beverages, vaping or tobacco (smoking or chewing) will be permitted**. Violation will result in immediate dismissal from the Rally at the parent/guardian's expense.
8. **Attendance at all activities and meals is mandatory**. An expectation of Leaders and staff is to participate fully and show willingness to learn. UberEats and similar meal delivery is not allowed during Rally.
9. **No Leader will be allowed in the dorms without staff supervision for any reason**. Leaders are not permitted to return to dorms between activities.
10. **The YMCA is not responsible for lost or stolen items**. Please bring only enough money for meal stops prior to and/or after the Rally.
11. **All leaders will remain in their rooms from lights out until early morning activity**.
12. **All utilized areas are to be left neat and clean**. We are the guest of a fellow YMCA facility and should treat the entire facility with care and respect. You and your YMCA will be charged for any damage inflicted to the facility/its property (outside of normal use).
13. **You must wear a "bumper" (name-tag)** at all times unless otherwise instructed
14. **Proper dress is required at all times**. Clothing determined to be unsafe or offensive will require a clothing change prior to participation in any activity. The management team and staff advisors will have the final say on the appropriateness of clothing as it pertains to your ability to participate and be successful throughout your day. **Closed toed shoes are required**. No sandals or flip-flops please
15. **No pets of any kind are allowed**.
16. **No laptops, or video games** of any kind will be allowed during structured time at Rally.
17. **Cell Phones** are to be used with discretion and the YMCA is not responsible for these items if lost or stolen.
18. Please acknowledge that all YMCAs operate differently. We expect leaders to come to the Rally with a **positive attitude ready to cooperate** with the guidelines set forth by the Leaders Club program and the Rally Management Team.

I have read and understand the above rules and policies. I agree that my participation in the Rally is a privilege, and understand that violation of any of the above rules may result in dismissal from the Rally, at my Parent/Guardian's expense.

Leader's printed name

Signature \_\_\_\_\_



## PACKING LIST

### Leaders & Parents - Keep this page for your info!

Make sure you check the weather for Painted Post New York prior to the event. Leaders will be walking and playing activities outdoors and in snow throughout the weekend. Bring extra clothes, warm layers, and appropriate outdoor apparel.

#### WHAT TO BRING

- Sleeping bag/ blankets and pillow, if you want to bring a fitted sheet that's optional sz Twin
- Outdoor cold gear – jackets, hats, mittens/gloves, and scarves are a *must*.
- Water bottle
- Toiletries (shower shoes, shampoo, soap, toothpaste, tooth brush, deodorant, etc.)
- More warm clothes.
- Sneakers, boots and/or hikers. Extra socks, especially for after outdoor activities
- Snacks (in case you get hungry between meals!)
- Flashlight
- Pen/pencil and paper
- Towel for showering
- Dance Pageantry: **DANCE THEME: Winter Wonderland or wear the color white**
- **Did we mention warm clothes?** Extra clothes too!

#### WHAT NOT TO BRING

- Perfumes, body lotions or hair care products with lots of scents and smells. They attract animals and some people have allergies.
- High heel shoes or overly fancy clothing. You will be in the outdoors, in the winter. You can still dress-to-impress, but make practical clothing choices.
- Expensive electronics – The YMCA is not responsible for lost or stolen items and we want you to interact with your fellow Leaders not your electronics, cell phones, etc.
- Large amounts of money –Just bring enough for any meal stops prior to and/or after the Rally if needed. Not sure? Ask your advisor

#### What Happens if I forget something?

- Winter rally does have a "camp store" that is free of cost that has basic hygiene and winter needs in case an item is forgotten.



# ADVISOR APPLICATION

Full Name			Nickname
Gender Identity	Date of Birth	YMCA	Position
Years in Leaders as Advisor		# of Rallies as Advisor	
Home Mailing Address			
Phone		Email	
Emergency Contact Name & Relation		Emergency Contact Phone	
Insurance Carrier		Policy #	
Physical restrictions, allergies or dietary needs. Please list here:			
Medications (List Medication Name, Time, and Amount. Please include all Over-The-Counter (OTC) medications regularly taken			

Yes, I would like to request more private housing

Yes, I am interested in speaking with someone at WRally about YMCA Professional Development

### Electives, Living Group and Values

Please circle 3 or more electives you are comfortable with facilitating.

- |                   |                      |                   |                        |               |
|-------------------|----------------------|-------------------|------------------------|---------------|
| Snow Man Building | Historians           | SUPER Extreme UFO | Board Games            | Boulder Basin |
| Broom Ball        | Winter Boot Camp     | Dance Party USA   | Meditation / Yoga      |               |
| Rally Closing     | Snow Tubing/Sledding | Arts & Crafts     | Winter Survival Skills |               |

### Advisor Self-Assessment (circle one)

**Your general energy level:**                      Energizer Bunny                      Smooth & Steady                      Mellow/Down to Earth

**Living group preference (circle all that apply):** 1<sup>st</sup>                      2<sup>nd</sup>                      Vet                      GV                      No preference

**Age groups you are comfortable leading values (circle all that apply):**                      13-14                      15-16                      17-18

*We strive to place advisors in their preference areas however please remain flexible if placed differently.*

Is there anything additional not listed above that we need to know about you to make this weekend the best weekend ever?

**Acknowledgement:** I agree to abide by the YMCA Character Development Philosophy and the specific Winter Rally rules. I understand that my participation in the Winter Rally will directly affect the teen’s overall experience, and will do my best at all times to meet the commitments set forth. I certify that I am in good health and able to participate fully.

\_\_\_\_\_  
Advisor Signature

\_\_\_\_\_  
Date



## STAFF COMMITMENTS & POLICY ACKNOWLEDGEMENT

The Winter Rally Management Team has adopted the following rules and policies to promote a healthy, safe, and fun environment for all Leaders Rally participants. Advisors are expected to adhere to and/or enforce the following guidelines.

1. Enforce respect of personal property of others at all times.
2. No one is allowed to leave the Rally until dismissed.
3. No one is allowed to use motor vehicles during the weekend.
4. Absolutely no drugs/alcoholic beverages. In accordance with YMCA policy, smoking is prohibited on camp property. Please plan accordingly.
5. No Leader is allowed in the dorms without supervision. You will be assigned a dorm to supervise.
6. Check all valuables from your club. The Rally is not responsible for lost/stolen articles.
7. Staff must supervise the dorms appropriately. All leaders will be in their cabins from 11:00 pm until 6:45 am. A Leader, who is not assigned to your dorm, should be walked back to their dorm.
8. **Please be sure to clear dorms in the morning, and take attendance at night.** A member of the safety team (a.k.a. Rally Rangers) will check in nightly for attendance.
9. You must wear a "bumper" (name-tag) and have a pen/pencil with you always.
10. The use of Cell Phones & Head Phones should be limited during the rally. Excessive use of these can hinder your ability to ensure the safety and positive experience of the Leaders.
11. Make every effort to complete all activities/values in an effective, fun, and safe manor.
12. Acknowledge the needs & concerns of all Leaders, as well as address any violation of rules, with Leaders from all YMCAs.
13. If there are any injuries, any damage to property or any serious violation of the code of conduct by Advisors, Leaders, MT or others on property please notify a management team members as soon as reasonably possible.
14. Please read the packet completely, and ensure that all Leaders are prepared with the appropriate items. This includes warm clothing and sleeping equipment.
15. UberEats and similar meal delivery is not allowed during Rally.
16. Ensure safety at all times.
17. Please acknowledge that all YMCAs operate differently, and come to the rally with a positive attitude, ready to cooperate with the rules/guidelines determined by the Management Team.

**Remember that you are an instrumental part of the teen's experience and that as advisors we are expected to role model the YMCA's character values and mission.**

I have read and understand the above staff commitment and policies. I understand my role as an advisor at this event. I will adhere to and enforce all the rules set in place, for both my own leaders club members, and members of other clubs. If I have any questions or concerns, I will address them with the management team.

\_\_\_\_\_  
Advisor Printed Name

\_\_\_\_\_  
YMCA Branch

\_\_\_\_\_  
Advisor Signature

\_\_\_\_\_  
Date

### Supervisor Recommendation

I recommend \_\_\_\_\_ for participation in the Winter Rally as an advisory staff member. I certify that his/her skills, abilities and experience working with teenaged youth will meet the requirements of the Rally and that they have **completed a background check to work with youth.**

\_\_\_\_\_  
Supervisor Printed Name

\_\_\_\_\_  
Supervisor Signature



## ADVISOR PACKING LIST

*Advisor Survival Kit - What to Bring (if you don't know already)*

### **Weather & Environment**

Make sure you check the weather for Painted Post NY prior to the event. Winter Rally will have outdoor activities, in the cold, in the snow. Be sure to bring extra clothes and appropriate outdoor apparel.

### **Rally Schedule**

The rally schedule is packed with back to back activities with no down time. Advisors are expected to be "on" at all times assisting with activities, encouraging teens to participate, facilitating values with provided curriculum and in general ensure a high quality safe program for all.

### **Setting Yourself Up for Success**

Most of what you'll need for values or activities you'll be facilitating or assisting with will be provided. Plan to bring all that's in the Leaders Packing List too. Here are some extras that could be helpful...

- SNACKS for you (and if you want your living group as an extra snack throughout the day)
- A watch. We discourage use of cell phones.
- Mini first aid kit
- Water Bottle
- FLASHLIGHT
- Travel coffee / tea mug – Coffee & hot water with cocoa/tea packets available most of the day
- SNACKS for your living group
- Playing cards
- ALARM
- Extra office supplies (scissors, rubber bands, paper clips, etc.)
- Mints or gum
- Pageantry Themed attire for the dance
- WARM CLOTHES AND WINTER OUTDOOR WEAR! – Think outdoor clothing. Less fancy.
- Feminine products
- Extra pens, markers, etc.
- Inspirational books (food for thought, etc.)



# DIRECTIONS TO WATSON WOODS

**Warning** – Please check your route prior to leaving or use the below directions. A direction service such as MapQuest, Google Maps, etc. may be your best bet but still read the directions below for the last few miles before arriving to YMCA at Watson Woods.

**MapQuest / Google / Yahoo: This may be your best bet!**

**YMCA at Watson Woods, 9620 Dry Run Rd, Painted Post, NY 14870**

**Contact For Watson Woods:**

(607)-962-0541

Upon registration you will receive additional contact numbers prior to rally.

**See map below. Check-In is 7-9pm at the dining hall in the main lodge**



**TRAILS**

- W HUFF & PUFF TRAIL (WHITE) 0.7
- B REED'S RIDGE TRAIL (BLUE) 0.4
- Y MEDITATION TRAIL (YELLOW) 0.9
- R OVERLOOK TRAIL (RED) 0.6
- B WATERFALL TRAIL (BLUE) 0.1
- O CRYSTAL HILLS TRAIL (ORANGE)
- SACRED GROVE TRAIL (GREEN)
- VERNAL POND TRAIL (GREEN)
- BRANCH OF THE FINGER LAKES TRAIL
- SECTION OF THE GREAT EASTERN TRAIL

**ROADS**

- COUNTY ROUTE
- TOWN ROAD
- SEASONAL ROAD

**LANDMARKS**

- STREAM
- PARKING
- ARCHERY
- LABYRINTH
- CLIMBING TOWER
- FIRE CIRCLE
- WATERFALL
- GAGA

