



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Northeast Teen Leaders School (NELS)

LEADERS SCHOOL DRESS CODE

In cultivating our Core Values, teens and staff dress shall be appropriate, clean, and neat at all times. Dress which is disturbing and distracting is inappropriate. This dress code is to create a safe and undisruptive learning environment.

Attire will not:

- Create a disturbance
- Be sexually suggestive
- Relate to drugs, alcohol, or tobacco
- Contain obscenities
- Be offensive to groups or individuals
- Show weapons or usage of weapons

Dress for your day! (Examples include but limited to)

- Weather appropriate tops and pants/shorts
- Closed toed shoes
- Swim suit for aquatics
- Backpack or similar bag
- Clothes you can run, jump and play in.
- Dressing in layers
- Rain coats or jackets for inclement weather

General Guidelines:

1. All clothing should fit appropriately and should not over expose the body:
 - a. Pants must be worn at the waist. No sagging or low riding.
 - b. Underwear must be covered at all times.
 - c. Clothing should not be tight fitting or low cut
 - d. Shoulders, backs, chests and midriffs must be covered. No see-through type clothing is allowed.
2. Shorts, pants, skirts, dresses, etc. are to provide ample coverage of waist, legs and backside.
3. Tops, shirts, etc. are to provide ample coverage of back, midriff, chest and arms.
4. Underwear worn as outer garments will not be permitted, including boxers.
5. Only one-piece bathing suits will be permitted.
6. Head coverings, unless for religious purposes, are not to be worn in any building.

Additional Guidelines:

Aquatic Activities

- Swim wear is to be one piece with appropriate coverage. Two piece suits are to be avoided.
- Tank tops will be made available to cover inappropriate swim wear.

Evening Activities

- Your pageantry (costume) for evening activities can be funny, creating and exciting but still must follow the general dress code guidelines.
- Evening activities are active and could be outside. Sneakers and appropriate attire should be worn.

Physical Activities i.e. Sports, Fitness, Phys. Ed.

- Sneakers are required
- Athletic shorts and pants should be worn.
- Jeans, khakis & clothes with pockets shouldn't be worn.
- Clothing should be comfortable & weather appropriate

Banquet

- Dress for the banquet is semi-formal
- Clothing is to follow general dress code guidelines of providing appropriate coverage.
- This is a night of recognition, respectful dress is required.

Please Note: If any of the dress code policies are violated, the Leaders School Staff reserve the right to send Leaders back to their rooms to change into something appropriate.

I have read and understand the Leaders School Dress Code.

Teen's Signature

Parent/Guardian Signature

Date