



LEADERS CLUB

NEW YORK CITY'S YMCA
TEEN APPLICATION



NE FALL RALLY

THE ONE WHERE THEY GO TO RALLY

November 1st-3rd 2019



FREQUENTLY ASKED QUESTIONS

What is Rally?

The Leaders Club Rally is a regional leadership and character development program designed by YMCA Professional staff and volunteers. It is an opportunity for teens from different areas of the Northeast region to come together and explore their diversities and commonalities, participate in physical and intellectual activities, explore personal values and create memories they won't soon forget!

Where is Rally?

The Rally is held at YMCA Camp Greenkill in Huguenot, New York. The accommodations include heated cabins. Please refer to the [What to bring](#) list to ensure your teen is prepared.

How much does Rally cost?

The Rally is \$145.00 per Leader and advisor. This is the direct cost to operate the event—it is covered by your YMCA.

Who is in charge of Rally?

An experienced team of YMCA professionals who spend months planning the event directs the Rally. Many activities are also facilitated by hometown advisors from each attending club. For questions or concerns you can contact Nicole Kourbage, Rally Director at nkourbage@ymcanyc.org

Will my teen be able to call home?

Unfortunately - No. A critical part of the Rally experience is for teens to fully engage in the environment and activities. Rest assured if any concerns, special circumstances or emergencies arise - your teen will be allowed contact home. Additionally, there is limited to no cell service at the YMCA Camp Greenkill.

When will my teen return?

The Rally will be dismissed on November 3rd. Please check with your teen's advisor for estimated time of return.

Does my teen need money?

There are no expenses during the event however your teen may need money depending on their travel distance. Clubs stop for dinner on the way to the Rally and again for lunch on the way back. Please check with your Advisor / local YMCA Staff for details.

Please be sure to review the [EVENT CONDUCT AGREEMENT!](#)



FAMILY INFORMATION

Dear Leaders,

We are pleased to announce that we are now accepting applications for North Eastern Fall Rally 2019! The YMCA of Greater New York and the Management Team are excited to host the NE Fall Rally, “I’ll be there for you” for all the YMCA branches across New York City. The NE Fall Rally will be hosted, as per tradition, in Huguenot, New York at Camp Greenkill during the weekend of November 1st-3rd 2019. We look forward to your attendance. review this information to ensure your registration is completed. Participants will have the opportunity to engage in a variety of fun activities and events, while making lifetime friendships. Weekend activities can include wall climbing, canoeing, outdoor cooking, fun teambuilding games, and character development activities, a dance, fun meal chants, Leaders songs, ice-cream social, and more!

Registration Procedures

1. All Leaders must be Age 11+ by November 1st, 2019 and in Grade 6-12.
 - Leaders 18+ and/or currently not in school cannot be accepted. Advisors must be 21+ by the event date.
2. This year’s Dance theme will be “Rep your flag” and Leaders are expected to bring their cultures flag or dress in cultural colors.
3. All attire must be YMCA appropriate.
(no offensive languages, logos, nothing too tight, low, short, or see-through).
4. Required registration materials must be fully completed:
 - a. Leader Application, with Two Emergency Contacts, signed by teen and Legal Guardian (include all emergency contact and medical information- if you do not have insurance please do not just leave blank- please write ‘no insurance.’)
 - b. Code of Conduct, signed by Teen and Legal Guardian
 - c. Photo/Video Release, signed by Legal Guardian

Beds at camp are limited; ensure that you return this registration information to your advisor ASAP. Review the packet with your family and ALL information is completed in the packet. Clubs registration will not be accepted if any of the teen application packets are incomplete, so please make sure everything is filled out—no blanks.

Sincerely,



Nicole Kourbage, LMSW | Director, Citywide Teen Programs
YMCA of Greater New York
5 West 63rd Street 7th floor, New York, NY 10023
212-630-9696 | nkourbage@ymcanyc.org



TEEN APPLICATION

Teen Information

Name:

Gender (M/F/Non-Conforming):

of Years Attending Club:

YMCA Branch/Site:

Dorm Request (M/F/Non-Conforming):

Work #:

Cell #:

of Rallies Attended:

EMAIL:

Emergency Contact Information

Contact Name:

Phone #1: _____

Phone #2: _____

Relation: _____

2nd Contact Name:

Phone #1: _____

Phone #2: _____

Relation: _____

Medical Information

Insurance Carrier Name:

Group #: _____

Physical/Dietary Restrictions:

Insurance #: _____



Allergies: _____

Medications: _____

Parent/Guardian Permission

I give my teen (print teens name): _____ permission to attend NE Fall Rally from November 1st-3rd 2019 at Camp Greenkill. In the event of a medical emergency, I give the YMCA staff permission to provide necessary treatment and/or to bring my teen to the nearest hospital for treatment that the YMCA deems necessary. I also understand that if my teen does not adhere to the rules of the Rally as outlined in the code of conduct, they may be sent home early at my expense.



EVENT CONDUCT AGREEMENT

PLEASE REVIEW AND SIGN THE FOLLOWING, TO INDICATE AGREEMENT AND UNDERSTANDING

1. The Management Team, Advisors and Leaders, have adopted the following rules and policies to promote a healthy, safe, and fun environment for the Rally Participants.
2. Always Respect the rights and personal property of others.
3. No one is permitted to leave the Rally at any time unless it is cleared by the Rally Director prior to the Rally. This is to ensure that all participants are always accounted for and safe.
4. Absolutely no drugs, alcoholic beverages or tobacco products will be permitted. Violation will result in notification of supervisors and immediate dismissal from the Leaders Rally and potentially, notification of local authorities. All bags will be checked prior to attending Fall Rally.
5. Attendance at all sessions, classes and meals is mandatory. An expectation of Leaders and staff is to participate fully and show willingness to learn. We always expect full cooperation.
6. It is never permitted to be in a cabin in which you are not assigned, during nightly quiet hours- unless you have notified the management team and are accounted for.
7. Avoid bringing valuables to the rally. The YMCA is not responsible for lost or stolen articles.
8. Taking a teen outside of your cabin and bringing to another cabin, during quiet hours is not permitted. Sending a teen back to the dorm without staff, at any time, is not permitted. In an emergency, notify the Management Team.
9. Leaders and staff are not permitted to return to cabins between sessions. This is for safety, monitoring and property protection purposes.
10. All utilized areas are to be left neat and clean. This is a YMCA facility and should treat the entire facility with care and respect. All staff are responsible for cleaning up any spaces before leaving them.
11. Appropriate foot gear includes closed toed, rubber soled shoes/sneakers. Shoes must be worn at all time.
12. Appropriate attire must always be worn by teen and staff. Shirts must always be worn. Nothing can be too short, tight, low cut, or contain inappropriate language or pictures.
13. You must wear your name tag always.
14. No Cell Phones, iPods or any electronics will be allowed during the rally. Advisors may carry cells with them- but please refrain from using unless in dorms during quiet hours, or in the case of an emergency. Teens should leave items at home or check with the advisor.

Conduct Agreement

I have read and understand the above rules and policies and agree to abide by these rules at the 2019 NE Fall Rally. I agree to abide by the rules of the YMCA Rally regulations. I understand that these policies are put in place to protect me and all the other participants from physical and emotional harm and to ensure that the Rally weekend is fun and



engaging for all. I recognize that my advisor, branch and parent will be contacted, and I may be asked to leave Rally, for violation of these rules or policies. I understand that if I do not adhere to the rules of the Rally, I will be sent home early at my parent's expense.

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Caregiver's Name

Caregiver's Signature

Date



PHOTO/VIDEO RELEASE

The individual person below is signing this Release as a condition of participating in NE Fall Rally 2019, an event organized by the YMCA of Greater New York (the "YMCA"). Such person acknowledges that the YMCA make take pictures or record videos of such person at the Event, and that the YMCA may also permit members of the media (the "Media") to take such pictures or record such videos. This Release allows the YMCA and the Media to use one or more such photographs, video recordings, and/or sound recordings (collectively, "Recordings") of such person for any purpose consistent with the YMCA's charitable mission, which includes, but is not limited to, the YMCA or the Media publishing such Recordings in newspapers, web sites, and other print or electronic publications, on television, or on the radio. By signing this Release, such person acknowledges that her or she has freely consented to be photographed, filmed, or otherwise recorded and has signed this Release of her own free will. If a person named below is under age 18, a parent or guardian of such person must sign on such person's behalf.

1. I agree that I am willing to be photographed, filmed, or otherwise recorded by the YMCA, its contractors, and the Media, either individually or as a group Recording, which may include my image, likeness, and/or voice. I further agree that my name may be used to identify me as a subject of any Recordings featuring my image, likeness, and/or voice.
2. I understand that the YMCA will own all rights in the Recordings of me that the YMCA or a YMCA contractor takes or records ("YMCA Recordings"), and that the YMCA will have the exclusive right to use, or allow others to use, such YMCA Recordings in any medium for any purpose consistent with the YMCA's charitable mission as determined by the YMCA.
3. I understand that the Media will own all rights in the Recordings of me that the Media takes or records ("Media Recordings"), and that the media will have the exclusive right to use, or allow others to use, such Media Recordings in any medium for lawful purpose.
4. I understand that I am waiving any rights that may preclude the YMCA's or the Media's use of the recordings described above.
5. I acknowledge that neither the YMCA nor the Media has any obligation to use any Recordings of me to use such Recordings for any particular purpose.
6. I understand that I will receive no monetary payment or other compensation in exchange for the rights to use Recordings of me or for my participant in the Event.
7. I hereby release and forever discharge the YMCA, its affiliates, and each of their respective directors, officers, employees, volunteers, and agents from any and all liabilities, claims, demands, damages, rights, and causes of action of whatever kind, nature, or description, present or future, asserted by me or on my behalf by any other person, including my heirs, executors, assigns, that arise out of or relate in any way to my participation in the Event or the use of any Recordings of me.

Signature

Date

Name (printed)

Name of Parent/Guardian (if applicable)

Mailing Address

Telephone Number (optional)

Email Address (optional)



PACKING LIST FOR RALLY

Make sure you check the weather for Huguenot NY, prior to the event. We will have outdoor activities, in the heat, cold or rain. Be sure to bring appropriate clothing and outdoor apparel.

- BEDDING (Pillows/Blankets are not provided!)
- Towel(s) for Showering
- Flip Flop for Showers
- Toiletries (Shampoo, Soap, Toothpaste, Toothbrush, Deodorant, etc.)
- Bug Repellent (Lotion or Spray Recommended)
- Water Bottle
- Drawstring backpack or small bag to carry water, pens, etc. with you (optional)
- Flashlight
- Pens/Pencils and a Notebook
- Readings, Quotes or Inspirational Thoughts and Burning Desires to Share
- Snacks (Only Original Packaging)
- Small amount of Cash (Under \$20) for stopping on the way to and back from the Rally.
- CLOTHING: Think layers and casual comfort bring a jacket and/or a couple of sweatshirts.
 - Y APPROPRIATE MEANS nothing too short, too tight, see-through or low cut. Clothing may not have any profanity, suggestive themes (in wording or logo's) – if in doubt, leave it at home. If you are wearing shorts that are not longer than your fingertips when your arms are straight by your side, you will be asked to change.
 - You will want sleepwear, a casual outfit for Saturday, Saturday night dance attire and a Sunday outfit for activities and travel home.
 - Saturday evening dance and participants are encouraged to dress in Y appropriate sleepwear. You will have a little time to shower and prep for the dance in the evening.
- FOOT GEAR: Sneakers (**MANDATORY**) You will be wearing sneakers all weekend!
- Extra Socks!

WHAT NOT TO BRING

- Perfumes, lotions or hair care products with lots of scents and smells.
 - They attract mosquitoes and bugs.
- High heel shoes or overly fancy clothing.
- Expensive electronics – We are not responsible for anything that goes missing, and we want you to interact with your fellow Leaders not hang out by yourself.
- Large amounts of money – this can go missing. Just bring enough for food on the way to and from camp.



FRIDAY	
8:00 AM	ARRIVAL ACTIVITIES
9:00 AM	GROUP WELCOME
9:30 AM	GROUP ACTIVITY / ADVISOR MEETING
10:00 AM	FIRST LIVING GROUP ACTIVITY / GV MEETING
10:45 AM	GROUP SHARE
11:10 AM	DISMISSAL TO DORMS
11:15 AM	DORM MEETINGS & LIGHTS OUT
12:00 AM	NIGHT SECURITY
SATURDAY	
6:30 AM	EARLY BIRD
7:45 AM	EVEN BREAKFAST
8:30 AM	ODD BREAKFAST
9:20 AM	LG ACTIVITY 1
10:50 AM	LG ACTIVITY 2
12:15 PM	EVEN LUNCH
1:00 PM	ODD LUNCH
2:00 PM	LG ACTIVITY 3
3:30 PM	LG ACTIVITY 4
5:00 PM	EVEN DINNER
6:00 PM	ODD DINNER
7:00 PM	CLUB MEETINGS / JAM PREP
8:20 PM	JAM
9:30 PM	DANCE/PARTY
10:40 PM	VESPERS W/ GVs
11:15 PM	DISMISSAL TO DORMS AND MEETING
11:45 PM	LIGHTS OUT
12:00 AM	NIGHT SECURITY
SUNDAY	
7:00 AM	EARLY BIRD
8:00 AM	EVEN BREAKFAST
8:45 AM	ODD BREAKFAST
9:40 AM	FINAL LG MEETING
11:00 AM	RALLY CLOSING
12:00 PM	LUNCH / DISMISSAL