



YMCA Northeast Leaders Club 2018 Winter Rally Feb. 23RD – 25TH

**Camp Jewell YMCA, Colebrook CT
A property of the YMCA of Greater Hartford**

DECIDE & CONQUER



**Hosted by the YMCA of Greater Boston
Operated by a group of YMCA Professional Staff & Volunteers**



ADVISOR INFORMATION

The management team of the Northeast Leaders Club Winter Rally is excited to present Winter Rally 2018, “Decide & Conquer” We look forward to your club’s attendance. Please review this information to ensure your club’s registration can be completed.

Printing Shortcuts

Leaders Packet: pages 5 – 12

Club Roster: page 4

Advisor Packet: pages 13 – 15

Directions: page 16

Registration Guide: pages 2 – 3

Housing Information: page 6

Registration Procedures

1. Each club can send **up to 10 Leaders**. Leaders must have been active participants in their clubs for at least 3 months before attending.
2. Leaders must be 12 years old by February 23rd and in grades 7th – 12th. Leaders outside 12-18 years old and not currently in grades 7th-12th cannot be accepted. **No exceptions!**
3. Each club is required to send 1-2 club advisors. Advisors must be 21 years of age by February 23rd and be a current employee or volunteer of the YMCA.
4. **Rally Fee is \$142.00** for both leaders and advisors.
5. Required registration **materials must be fully completed**. They include...
 - a. Leader Application, Code of Conduct, Elective Sheet, Jewell waiver & Medical form for each leader.
 - b. Advisor Application and Staff Commitment for each Advisor.
 - c. A Club Roster form *and* payment check for each club.
6. Clubs are to send **one YMCA check** for their entire rally fee, made out to:
YMCA of Greater Boston
7. **Mail all registration materials to the Rally Registrar, Becky Lavelly at:**
Parkway Community YMCA
1972 Centre Street, West Roxbury MA 02132
Attn: Becky Lavelly
Re: Winter Rally Registration
8. Registration materials are due **ON OR BEFORE February 10th**. No faxed or e-mailed registrations can be accepted. Confirmations will be sent to club advisors.
9. Plan to arrive to Camp Jewell on Friday for **check-in between 7-9pm**. If you anticipate arriving later than 9pm please inform the Rally Director before Friday.

**REGISTRATION IS LIMITED TO 250 LEADERS ON A FIRST COME FIRST SERVE BASIS.
REGISTRATION CAN BE REFUSED IF CAPACITY IS REACHED OR IF YOUR MATERIALS ARE
INCOMPLETE. BE ACCURATE AND SEND EARLY!**



CHECKLIST (complete *before* mailing your registration!)

Each leader...

- Will be 12-18 years of age and in grades 7th-12th before the event.
- Rally Application – FULLY COMPLETED, signed by parent AND club advisor.
- Code of Conduct – SIGNED by parent and leader.
- Elective Sheet – With 3 DIFFERENT choices listed in order of preference (1st, 2nd, 3rd)
- Camp Jewell Waiver – FULLY COMPLETED and signed by a parent
- Camp Jewell Medical Form – FULLY COMPLETED and signed by a parent

Each Advisor...

- Will be 21 years of age before the event.
- Has completed a background check and been approved by your YMCA to work with teens
- Advisor Application – FULLY COMPLETED and signed by advisor.
- Staff Commitment – SIGNED by advisor and their supervisor.

Final Touches...

- Club Roster – FULLY COMPLETED and signed by your Branch Director
- One YMCA check for your club's entire fee, payable to the YMCA of Greater Boston
- Make a copy of all your packets, rosters, etc. for yourself before sending!**
- Dance theme: Biggest Fear or Most Courageous Moment**

Mail all registration materials to Becky at:

Parkway Community YMCA
1972 Centre Street, West Roxbury MA 02132
Attn: Becky Lavelly
Re: Winter Rally Registration

Deadline for registration materials to be received is on or before February 10th

For general rally questions contact:
Becky Lavelly
Rally Director
857.547.1332
rlavelly@ymcaboston.org

For registration questions or concerns:
Becky Lavelly
Rally Director
857.547.1332
rlavelly@ymcaboston.org



DECIDE & CONQUER
YMCA Northeast Region – 2018 Leaders Club Winter Rally

CLUB INFORMATION

YMCA Association		YMCA Branch	
YMCA Mailing Address			
Phone		FAX	
Primary Advisor		Primary Advisor Email	
Attending Advisor 1	Gender	# of Years in Leaders	# of Rallies
Attending Advisor 2	Gender	# of Years in Leaders	# of Rallies

How to Define Leaders Years

1st year = This is the only school year (2017-18) they've attended a rally **2nd year** = Attended at least one rally or NELS in a previous school year
VET = Attended a rally or NELS in two separate and previous school years **GV** = VET status and they are graduating school this year

CLUB ROSTER – PLEASE PRINT NEATLY!

NAME PLEASE PRINT and Fill Completely	Gender	Age 12-18	Date of Birth xx/xx/xx	School Grade 7th-12th	# of Rallies / Years in Club	Year: 1 st , 2 nd , Vet, GV
1.					/	
2.					/	
3.					/	
4.					/	
5.					/	
6.					/	
7.					/	
8.					/	
9.					/	
10.					/	

\$142.00 x _____ = \$ _____
 # of Leaders +
 \$142.00 x _____ = \$ _____
 # of Advisors
TOTAL DUE = \$ _____

Registration Deadline: February 10th 2018
Due to high participation, it is best to send your registration in early, before the deadline. Registration is first come first serve and will close at 250 leaders.

I approve my YMCA's participation in the 2018 Winter Rally, and accept responsibility for any damage, which may occur due to the above participants.

_____ Executive Director Signature

_____ Date

**Please make check payable to:
 Mail registration to:**

YMCA of Greater Boston
Parkway Community YMCA
1972 Centre Street, West Roxbury MA 02132
Attn: Becky Lavelly, Winter Rally Registration



PARENT INFO - Keep this page for your reference!

What is the Rally?

The Leaders Club Rally is a regional leadership and character development program designed by YMCA professional staff. It is an opportunity for teens from different areas of the Northeast region to come together and explore their diversities and commonalities, participate in physical and intellectual activities, explore personal values and create memories they won't soon forget!

Where is the Rally?

The Rally is held at Camp Jewell in Colebrook, Connecticut. The accommodations include heated cabins and participants are required to bring their own bedding and pillows. Please refer to the [What to bring](#) list to ensure your teen is prepared.

YMCA Camp Jewell - 6 Prock Hill Road, Colebrook, CT 06021

How much does the Rally cost?

The Rally is \$142.00 per person. This is the direct cost to operate the event.

Refund Policy

Many event expenses are paid for in advance to give your teen the best experience possible. As such event fees are non-refundable. Exceptions may be granted in cases of significant hardship.

Who is in charge of the Rally and contact info?

Becky Lavelly, Rally Director

rlavelly@ymcaboston.org | 857.547.1332- prior to the event

781.727.0773 – during the event, emergencies only please.

Camp Jewell 888.412.2267 - during the event, emergencies only please. Cell service is very limited.

Will my teen be able to call home?

Unfortunately no. A critical part of the Rally experience is for teens to fully engage in the environment and activities. Rest assured if any concerns, special circumstances or emergencies arise your teen will be allowed contact home. Cellular service is very limited at Camp Jewell.

When will my teen get back?

The Rally will be dismissed at 12:00 PM on Sunday, February 25th. Please check with your teen's advisor for estimated time of return.

Does my teen need money?

There are no expenses during the event however your teen may need money depending on their travel distance. Many clubs stop for meals during travel. Please check with your local advisor for these details.

Are there items that should be left at home?

Please leave all valuables at home as the YMCA is not responsible for lost or stolen items. Electronics such as iPods, cell phones, portable players & game consoles, etc. are also not permitted at the Rally.

Please be sure to review the Rally Rules with your Teen!



HOUSING INFORMATION

Housing Accommodations

The housing at camp includes heated cabins consisting of a central common room, two bunk rooms of 10-12 bunks each, and a shared bathroom in each bunk room with 1-2 bathroom stalls and 1-2 showers. There is one main entrance into the cabin with an emergency exit located in each bunk room. We also use a cabin that houses 74, with two bunk rooms of 32 and larger bathroom spaces.

Staffing

A minimum of two adult advisors are also housed in each dorm for supervision and emergencies.

Housing Assignments

The YMCA and the Winter Rally program is an inclusive environment. Housing is assigned based on the gender identity indicated on a participant's registration form. We also strive to group home clubs or YMCA Associations together in cabins i.e. Teens who identify as female from the same club or YMCA Association are housed together. Cabins often include multiple clubs and/or YMCA Associations.

If at any point a teen is uncomfortable with their housing assignment we will work with them and if needed the staff and other teens in the cabin to address their concerns. If the issue cannot be addressed to the teen's comfort and satisfaction they may be allowed to switch cabins as long as space is available.

Private Housing

More private housing is available should your teen need or prefer it. This cabin consists of smaller bunk rooms of 2-4 beds and more private bathroom accommodations. This cabin is inclusive to all gender identities and is supervised by adult advisors.

If there is a preference for more private accommodations please check "Yes" to the private house question on the registration form. Private housing is limited, on first come first serve basis and is reserved for teens who would most benefit from it.

Further Questions or Information

For more information or concerns regarding housing please contact:

Becky Lavelly, Rally Director

rlavelly@ymcaboston.org | 857.547.1332



TEEN APPLICATION

Fill out completely, all information is required

Full Name		Nickname	
Gender	Date of Birth	Age	Grade

Yes, I would like to request more private housing

Home Mailing Address	
Phone	Email
Emergency Contact #1 Name	Emergency Contact #2 Phone
Emergency Contact #1 Name	Emergency Contact #2 Phone

How to Define Leaders Years

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VET = Attended a rally or NELS in two separate and previous school years **GV** = VET status and they are graduating school this year

Check One	<input type="checkbox"/> 1 st Year	<input type="checkbox"/> 2 nd Year	<input type="checkbox"/> Vet	<input type="checkbox"/> Graduating Vet (GV)
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Insurance Carrier	Policy #
If needed, my child may take (circle all that apply) <input type="checkbox"/> Tylenol <input type="checkbox"/> Advil <input type="checkbox"/> Ibuprofen	
Physical restrictions, allergies and dietary needs (vegetarian, vegan, no pork, etc.)	
Medications (List Medication Name, Time, and Amount. Please include all Over-The-Counter (OTC) medications regularly taken	
<p>All medications, Prescriptions, and OTC meds must be given to rally staff directly in their original Rx or OTC container upon arrival to the Rally. Teens are <i>not</i> allow to keep any medications with them.</p>	

I give my child _____ permission to attend the 2018 Northeast Leaders Club Winter Rally from February 23-25. In event of a medical emergency I give the YMCA staff permission to provide the necessary medical treatment and/or transport my child to the nearest hospital if deemed necessary. I certify that my child is in good health and able to participate. I also understand that if my child does not adhere to the rules and policies of the Rally he or she may be sent home early at my expense.

 Parent / Guardian Signature

 Date

Advisor Recommendation: I certify that this teen leader meets the requirements for participation and is prepared to fully engage in the 2018 Northeast Leaders Club Winter Rally.

 Advisor Signature

 Date



CODE OF CONDUCT

The following rules, expectations and policies have been adopted to promote a healthy, safe and fun environment for all Rally participants.

1. **Respect the rights and personal property** of others at all times.
2. **Use of appropriate language** is expected at all times.
3. **No one is permitted to leave the Rally** at any time prior to dismissal unless it is cleared by the Rally Management team.
4. **No one is allowed to use motor vehicles.** Cars will be parked for the weekend. Teens are not allowed to drive themselves to or from the event.
5. Anyone coming to the Rally with **prescription or OTC medications** must notify the Rally Management team upon registration. **Medications must be in their original prescription bottle or OTC package.** A trained Management Team Member will distribute medications.
6. **Absolutely no drugs, alcoholic beverages or tobacco** (smoking or chewing) will be permitted. Violation will result in immediate dismissal from the Rally at the parent/guardian’s expense.
7. **Attendance at all activities and meals is mandatory.** An expectation of Leaders and staff is to participate fully and show willingness to learn. We expect full cooperation at all times.
8. **No Leader will be allowed in the dorms without staff supervision** for any reason. Leaders are not permitted to return to cabins between activities.
9. **Check all valuables with your advisor.** The YMCA is not responsible for lost or stolen items. Please bring only enough money for meal stops prior to and/or after the Rally.
10. **All leaders will be in their cabins from 11:00 PM until 6:45 AM.**
11. **All utilized areas are to be left neat and clean.** We are the guest of a fellow YMCA facility and should treat the entire facility with care and respect. All items owned by the camp facility in the cabins, dining hall and activity spaces must remain there and be used for their intended purposes only. You and your YMCA will be charged for any damages.
12. Rally is an active environment. **Closed toed shoes are required.** No sandals or flip-flops please.
13. **You must wear a “bumper” (name-tag)** and have a pen/pencil with you always.
14. **Proper dress is required at all times.** Clothing determined to be revealing or offensive will require a clothing change prior to participation in any activity. The management team and staff advisors will have the final say on the appropriateness of clothing.
15. **No pets of any kind are allowed.**
16. **No cell phones, iPods, video games, or technology** of any kind will be allowed during the Rally. These items will be confiscated if seen; no warning will be given!
17. Please acknowledge that all YMCAs operate differently. We expect leaders to come to the Rally with a **positive attitude ready to cooperate** with the guidelines set forth by the Leaders Club program and the Rally Management Team.

I have read and understand the above rules and policies. I agree that my participation in the Rally is a privilege, and understand that violation of any of the above rules may result in dismissal from the Rally, at my Parent/Guardian’s expense.

Leader’s printed name

Signature

Parent/Guardian signature

Date



LEADER ELECTIVES

PLEASE CHOOSE 3 activities by rating your choices 1, 2, or 3. 1 being the activity you prefer most, 3 the least. We will try our best to give you your number 1 choice but come prepared for all three choices. ONLY SELECT 3 preferences.

Printed Name _____

YMCA Branch _____

___ **Cross Country Skiing**

Take a winter trail trek and enjoy the scenery

___ **Historians:**

Take photos and create a slide show for Sunday's closing. Please bring your own digital camera.

___ **Board Games:**

Stay warm inside while playing various board games

___ **Team Handball:**

A classic high impact fast paced team game!

___ **Archery / Bee Bees:**

Get ready, aim and fire for some highly supervised fun!

___ **Winter Boot Camp:**

Come test your fitness level!

___ **Dance Party USA:**

Do you like to dance? Come hang out and break it down Leaders style!

___ **SUPER Extreme UFO:**

Ultimate Frisbee... in the cold... in the snow... 🧑 Be Somebody 🧑

___ **Meditation / Yoga:**

Take some time to get warm and centered. Stretch, breath and relax the cold away

___ **Snow Man Building:**

Only available at Winter Rally! Get your Frosty together and take advantage while supplies last!

___ **Arts & Crafts:**

Get crafty!

___ **Snow Tubing:**

A big hill in a big tube!

___ **Snow Shoeing:**

Take a fun hike around beautiful YMCA Camp Jewell with snow shoes

___ **Gym Rats:**

Get in a quick work out in the fitness center

___ **Boulder Basin:**

Find your inner Spiderman in this indoor low level rock climbing arena

___ **Winter Survival Skills:**

Learn the skills and techniques needed to survive in the winter wild

___ **Ice Skating:**

Fun on skates! Skates are **NOT** provided. You are welcome to bring your own. Please only check this if you can bring your own skates.

CAMP JEWELL YMCA INDIVIDUAL ACKNOWLEDGEMENT OF RISK AND WAIVER OF LIABILITY

To: YMCA of Metropolitan Hartford, Inc., its branches, officers, directors, trustees, managers, employees, volunteer staff and agents (collectively and individually hereinafter referred to as the "Y").

The undersigned on behalf of himself/herself and his/her minor children named below (hereinafter collectively and individually referred to as the "Releasors") acknowledges that Releasors may participate in activities involving risk of injury to person or property and that they assume full responsibility for all such risk. Activities may include horseback riding, ropes course, and waterfront. The undersigned certifies that each of the Releasors is in good health with no condition, illness, or abnormality which might subject them to undue personal risk for engaging in such activities. In the event of any emergency requiring medical care, the Y is hereby authorized to use its best efforts to obtain whatever medical treatment it deems necessary or appropriate under the circumstances.

Furthermore, the undersigned on behalf of the Releasors hereby specifically releases, waives, discharges and covenants not to sue the Y with respect to any or all liability to the Releasors, their heirs, personal representatives and assigns for any loss or damage, and any claim or demand therefore, on account of injury to person or property, including death, whether caused by the negligence of the Y or otherwise, while Releasors are in, on our about any premises of the Y or using any of the Y's facilities or equipment or participating in any program affiliated with the Y, without regard to location.

The undersigned expressly agrees that the foregoing Waiver of Liability is intended to be as broad and inclusive as is permitted by the law of the State of Connecticut and that if any portion thereof is held invalid, the undersigned agrees that the balance shall, notwithstanding, continue in full force and effect. The undersigned understands that the Y has the right to dismiss any person whose actions or attitude are deemed detrimental to the Y and/or other participants, with all fees forfeited.

Children of undersigned included herein: _____

Childs Name here

If emergency contact or medical concerns change, the undersigned accepts responsibility for notifying the Y in writing of the change. The undersigned gives permission for photos or videotapes of himself/herself and his/her children named below while participating in Y activities to be used for promotional purposes. (Cross out and initial if permission not given).

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS ACKNOWLEDGEMENT OF RISK AND WAIVER OF LIABILITY, AND FURTHER AGREES THAT NO REPRESENTATIONS OR STATEMENTS OTHER THAN THOSE SET FORTH HEREIN HAVE BEEN MADE.

Participant Signature or Parent/Guardian if under 18

Date

Participant Printed Name

Group Name





Camp Jewell YMCA Outdoor Center Health Information and Emergency Permission



This form is required on site for every person under 18 years of age, not accompanied by a parent or guardian. It must be presented at the office upon check in and retained by the group leader. Forms may be needed at any time for an emergency. Please print all information clearly.

School or Group Name Northeast Region Teen Leaders (NERTL) 2018

Dates at Jewell February 23rd-25th, 2018

(child's name) _____ has my permission to participate in the trip to YMCA Camp Jewell Outdoor Center on the above dates.

Please list, with dates, any major illness or injury this child has had:

Within the past month _____

Within the past year _____

Date of Tetanus Shot (should be within ten years) _____

List any Allergies (medication, inhalant, or food) _____

Can this child take part in strenuous physical activities? _____

The following medication will be needed by this child at Camp. (All medication should be given to the group leader before leaving to come to camp. It may not be carried by the child.)

Medication	Amount and Time to be given
_____	_____
_____	_____

I hereby give permission to the O.C. Director, group leader, or their designate to administer the above medication in the absence of a nurse.

Additional information and remarks:

I understand that every attempt will be made to contact me in the event of accident or injury, but that it might be impossible in an emergency to contact me quickly enough to authorize proper treatment. Therefore, I authorize the officials of my child's group and the staff of Camp Jewell to seek the proper treatment in the event of any accident or injury. I give my permission for the use of any form of medical treatment necessary, such as: injections, anesthesia, medicines, drugs, surgery, or other treatment which is deemed necessary by attending nurses and physicians, and also authorize transportation of my child by either private vehicle or ambulance in order to facilitate any necessary treatment.

Date _____ Phone # _____

Signature of Parent or Guardian (circle one) _____

Other emergency phone numbers if a parent cannot be reached:

Name _____ Phone _____

Relationship _____ Phone _____

Family Doctor _____ Phone _____

Insurance Carrier _____ Policy Number _____

Child's Last Name _____
First _____
Middle Initial _____



PACKING LIST

Leaders & Parents – Keep this page for your info!

Make sure you check the weather for Colebrook, CT 06021 prior to the event. Leaders will be walking and playing activities outdoors and in snow throughout the weekend. Bring extra clothes, warm layers, and appropriate outdoor apparel.

WHAT TO BRING

- Warm clothes – Bring practical layers for varied temps – we begin at 6:30 to 11pm
- **Sleeping bag/heavy blankets and pillow. Cabins are heated but bedding is NOT provided**
- Outdoor cold gear – jackets, hats, mittens/gloves, and scarves are a *must*.
- Water bottle
- Toiletries (shower shoes, shampoo, soap, toothpaste, tooth brush, deodorant, etc.)
- More warm clothes.
- Sneakers, boots and/or hikers.
- Snacks (in case you get hungry between meals!)
- Flashlight
- Pen/pencil and paper
- Small amount of money for food on the way to and back from the Rally if necessary
- Towel for showering
- YMCA appropriate dance attire: **DANCE THEME: Biggest Fear or Most Courageous Moment**
- Did we mention warm clothes? Extra clothes too!
- While elective materials (i.e. Snow Shoes, (Ice Skates-not provided)) are provided teens may choose to bring their own.

WHAT NOT TO BRING

- Perfumes, body lotions or hair care products with lots of scents and smells. They attract animals and can make the air in the heated cabins less pleasant.
- High heel shoes or overly fancy clothing. You will be at a camp, outdoors, in the winter. You can still dress-to-impress, but make practical clothing choices.
- Expensive electronics – The YMCA is not responsible for lost or stolen items and we want you to interact with your fellow Leaders not your electronics, cell phones, etc.
- Large amounts of money – This can go missing. Just bring enough for any meal stops prior to and/or after the Rally if needed. Not sure? Ask your advisor!



ADVISOR APPLICATION

Full Name			Nickname
Gender	Date of Birth	YMCA	Position
Years in Leaders as Advisor		# of Rallies as Advisor	

Home Mailing Address	
Phone	Email
Emergency Contact Name & Relation	Emergency Contact Phone

Insurance Carrier	Policy #
Physical restrictions, allergies and dietary needs (vegetarian, vegan, no pork, etc.)	
Medications (List Medication Name, Time, and Amount. Please include all Over-The-Counter (OTC) medications regularly taken	

Electives, Living Group and Values

Please circle 3 or more electives you are comfortable with facilitating.

- | | | | |
|----------------------|--------------------|-----------------|------------------------|
| Cross Country Skiing | Historians | Extreme UFO | Board Games |
| Team Handball | Winter Boot Camp | Dance Party USA | Meditation / Yoga |
| Rally Closing | Archery / Bee Bees | Arts & Crafts | Snow Man Building |
| Snow Tubing | Snow Shoeing | Gym Rats | Winter Survival Skills |
| Boulder Basin | Ice Skating | GV Experience | |

Advisor Self-Assessment (circle one)

- Your general energy level:** Energizer Bunny Smooth & Steady Mellow/Down to Earth
- Your facilitation style:** Stick to the plan Go with the flow Let the show begin!
- As a leader I am more like:** The hammer The nail The board
- Living group preference (circle all that apply):** 1st 2nd Vet GV No preference
- Age groups you are comfortable leading values (circle all that apply):** 13-14 15-16 17-18

We strive to place advisors in their preference areas however please remain flexible if placed differently. Except in extenuating circumstances all living groups and electives will have at least two advisors.

Acknowledgement: I agree to abide by the YMCA Character Development Philosophy and the specific Winter Rally rules. I understand that my participation in the Winter Rally will directly affect the teen's overall experience, and will do my best at all times to meet the commitments set forth. I certify that I am in good health and able to participate fully.

 Advisor Signature

 Date



STAFF COMMITMENTS & POLICY ACKNOWLEDGEMENT

The Winter Rally Management Team has adopted the following rules and policies to promote a healthy, safe, and fun environment for all Leaders Rally participants. Advisors are expected to adhere to and/or enforce the following guidelines.

1. Enforce respect of personal property of others at all times.
2. No one is allowed to leave the Rally until dismissed.
3. No one is allowed to use motor vehicles during the weekend.
4. Absolutely no drugs/alcoholic beverages. In accordance with YMCA policy, smoking is prohibited on camp property. Please plan accordingly.
5. No Leader is allowed in the dorms without supervision. You will be assigned a dorm to supervise.
6. Check all valuables from your club. The Rally is not responsible for lost/stolen articles.
7. Staff must supervise the dorms appropriately. All leaders will be in their cabins from 11:00 pm until 6:45 am. A Leader, who is not assigned to your dorm, should be walked back to their dorm.
8. Please be sure to clear dorms in the morning, and take attendance at night. A member of the safety team (a.k.a. Rally Rangers) will check in nightly for attendance.
9. You must wear a "bumper" (name-tag) and have a pen/pencil with you always.
10. No Cell Phones, Head Phones, Video Games, or Technology of any kind will be allowed during the rally. Please inform your YMCA & family that you will not be available via cell phone.
11. Make every effort to complete all activities/values in an effective, fun, and safe manner.
12. Acknowledge the needs & concerns of all Leaders, as well as address any violation of rules, with Leaders from all YMCAs.
13. Please read the packet completely, and ensure that all Leaders are prepared with the appropriate items. This includes warm clothing and sleeping equipment.
14. While at the rally, you will be expected to participate at all times. If you require a break, please see a management team member.
15. Ensure safety at all times.
16. Please acknowledge that all YMCAs operate differently, and come to the rally with a positive attitude, ready to cooperate with the rules/guidelines determined by the Management Team.

Remember that you are an instrumental part of the teen’s experience and that as advisors we are expected to role model the YMCA’s character values and mission.

I have read and understand the above staff commitment and policies. I understand my role as an advisor at this event. I will adhere to and enforce all the rules set in place, for both my own leaders club members, and members of other clubs. If I have any questions or concerns, I will address them with the management team.

Advisor Printed Name

YMCA Branch

Advisor Signature

Date

Supervisor Recommendation

I recommend _____ for participation in the Winter Rally as an advisory staff member. I certify that his/her skills, abilities and experience working with teenaged youth will meet the requirements of the Rally and that they have **completed a background check to work with youth.**

Supervisor Printed Name

Supervisor Signature



ADVISOR PACKING LIST

Advisor Survival Kit - What to Bring (if you don't know already)

Weather & Environment

Make sure you check the weather for Colebrook, CT 06021 prior to the event. Winter Rally will have outdoor activities, in the cold, in the snow. Be sure to bring extra clothes and appropriate outdoor apparel.

Rally Schedule

The rally schedule is packed with back to back activities with no down time. Advisors are expected to be "on" at all times assisting with activities, encouraging teens to participate, facilitating values with provided curriculum and in general ensure a high quality safe program for all.

Setting Yourself Up for Success

Most of what you'll need for values or activities you'll be facilitating or assisting with will be provided. Plan to bring all that's in the Leaders Packing List too. Here are some extras that could be helpful...

- SNACKS for you
- A watch or time piece. We discourage use of cell phones.
- Febreeze / Air Freshener (trust us, your cabin will thank you)
- Mini first aid kit
- Water Bottle
- FLASHLIGHT
- Travel coffee / tea mug – Coffee & hot water with cocoa/tea packets available most of the day
- SNACKS for your living group
- Playing cards
- Extra batteries
- ALARM CLOCK
- Extra office supplies (scissors, rubber bands, paper clips, etc.)
- Mints or gum
- Safety pins
- YMCA appropriate dance attire
- WARM CLOTHES AND WINTER OUTDOOR WEAR! – Think rugged, outdoor clothing. Less fancy.
- Feminine products
- Extra pens, markers, etc.
- Inspirational books (food for thought, etc.)



DIRECTIONS TO CAMP JEWELL

Warning – GPS Directions could lead you on unpaved, steep or curvy roads. Please check your route prior to leaving or use the below directions. A direction service such as MapQuest, Google Maps, etc. may be your best bet but still read the directions below for the last few miles before arriving to Camp Jewell.

From Boston & Albany:

Take I-90, (Mass Pike) Exit 2, proceed east on Rt. 20 (7 miles), then south on Rt. 8 (20 miles). Go 3.6 miles after crossing the CT Border (marked with a sign), and turn RIGHT onto SANDY BROOK RD. Sandy Brook winds along the brook for 4.4 miles till you come to a stop sign (your first one). Turn RIGHT onto Rt. 183, and proceed .5 miles till you see the signs into Camp Jewell.

From Hartford:

Rt. #44 (Albany Ave.) to Winsted. Rt. 44 is also Main Street in Winsted. As you begin to leave town you'll notice a blinking yellow caution light, and sign for Colebrook and Rt. #183. Turn RIGHT onto Rt. 183 and head north 7.2 miles through Colebrook. There is a Camp Jewell sign indicating a RIGHT turn onto PROCK HILL RD, and into Camp Jewell. (If you reach the MASS. border, you've gone too far, Jewell is back about 2 miles!)

From NYC:

Take I-95 to Rt. 8 North OR make your way to I-84 East to Rt. 8 North. Turn right (west) on Rt. 44. Rt. 44 is also Main Street in Winsted. As you begin to leave town you'll notice a blinking yellow caution light, and sign for Colebrook and Rt. #183. Turn RIGHT onto Rt. 183 and head north 7.2 miles through Colebrook. There is a Camp Jewell sign indicating a RIGHT turn onto PROCK HILL RD, and into Camp Jewell. (If you reach the MASS. border, you've gone too far! Jewell is back about 2 miles.)

MapQuest / Google / Yahoo: This may be your best bet!

YMCA Camp Jewell
6 Prock Hill Road
Colebrook, CT 06021

Contact:

(888) 412-2267 – Camp Jewell

Upon registration you will receive additional contact numbers prior to rally.

Check in is at the Dining Hall. See map below. Check-In is 7-9pm

